



# Mount Pleasant Soccer Club Academy Handbook

Fall 2009/ Spring 2010 Edition



Academy Handbook

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## Message from the Academy Director of Coaching



*Matt Parmer: Academy Director of Coaching*

Matt Parmer joined the MPSC staff in the fall of 2007 as the Academy Director. Prior to joining the staff he served the club as the 93 Boys Elite head coach and 95-player pool director. Parmer holds the USSF "A", USSF "Y" USSF "GK", NSCAA Advanced National, NSCAA National "GK" and NSCAA National "Y". Matt can be reached at [matt.parmer@mountpleasantsoccer.com](mailto:matt.parmer@mountpleasantsoccer.com) or 843-408-5504

Parents,

I would to thank each and every one of you for choosing to play soccer with Mount Pleasant Soccer Club. I consider it a privilege to work with your child in fostering a lifetime love of the game.

The goal of this handbook is to offer insight into the soccer program you have selected for your child. At any point should you have further questions please do not hesitate to contact me.

Respectfully,

Matt Parmer  
Academy Director of Coaching

## Club Mission & Vision

The mission of Mount Pleasant Soccer Club is to help foster young players' physical, mental and social growth so they can reach their potential in life through their participation in soccer. The club will provide quality staff, facilities, environment and curriculum to give players the tools to succeed.

The Club's vision is to develop a reputation for producing well-trained athletes and gain respect of the nation soccer community as a true soccer academy. College coaches, national coaches and professional coaches will recognize the standards of excellence embodied by the club and expect those who graduate from the club to be quality players with a solid soccer foundation and good citizens.

## Mission of the Academy

The ages of 8-12 are often referred to as the "Golden years of Development". That is why it so important for us to place each child in the appropriate environment for their individual success. The U.S. Soccer Federation quite clearly states, "The most fundamental skill in soccer is individual mastery of the ball and the creativity that comes

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with it. This should be a priority in training and games, especially in the early years. As this skill is mastered, the rest of the game becomes easier — both to teach and learn. Practices should be built around facilitating the development of the skills necessary to move and control the ball well." The education of the players is truly our top priority.

## Program Goals

- **Enjoy the Game:** Most importantly it is our goal for the players to have fun and enjoy playing the game of soccer. We strive to make every aspect of our program enjoyable for all players.
- **Live the Game:** We want our players to have the desire to play on their own, watch soccer on TV, attend live soccer games and to read about the game.
- **Emphasize Individual Development:** We want players to take responsibility for their own development. We believe this to be the key to success.
- **Motivate Players to Play:** Our Academy players graduate with the desire, attitude and tools needed to become a successful player in our select program.

## Parent Goals

### **The Practices**

- I will ensure that my child is punctual, properly equipped with shin guards, inflated ball, water bottle and correct training attire (MPSC training shirt, shorts and socks).
- I will inform the coach if my child is going to be absent from training.
- I will let my child's coach know about any concerns or problems that might affect his/ her behavior or performance (i.e. injury, illness, behavior).

### **The Games**

- I will ensure that my child is punctual, properly equipped with shin guards, ball, water bottle and proper uniform.
- I will not interfere with the job of the coach.
- I will not coach. I will not give instructions to the players.
- I will remember that the priority for players in the academy is individual development and this sometimes super-cedes team goals and priorities.
- I will support my child, their coach and their team regardless of the outcome of any game.

### **The Referee**

- I will not yell at the referee.
- I will not approach the referee after a game to question his/her decisions.
- I will be a role model of sportsmanship.

### **The Program**

- I will attend scheduled parent meetings.
- I will volunteer when needed.
- I will follow due process with concerns.

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- I will pay all fees when they are due.
- I understand that my child’s team is part of a larger program that may sometimes use players from different teams for development and number purposes.

Description of Academy Program

- The program is comprised of players age 8-12 who desires becoming MPSC select players.
- There are four age groups within the Academy program U9, U10, U11, and U12.
- Players play within their own gender.
- The focus of the program is player development.
- Professional youth coaching staff oversees all aspects of player development.
- There is a specific curriculum for all academy age groups.
- Teams compete against region III youth soccer clubs in non-results oriented format. (Friendly weekends)
- Teams do compete in tournaments in a results oriented format.
- Teams do compete against local teams in LSYSA league.
- Teams do compete in the SCYSA state league.
- There is a fall and spring season commitment expected. The fall season runs approximately from the middle of August until the middle of November. The spring season runs approximately from late January until the middle of May.

Club Structure

<b>AGE</b>	<b>Program Options-Recreation Track*</b>	<b>Program Options Intermediate Track*</b>	<b>Program Options Select Track*</b>
<b>AGE 6</b>	FUNDamental Soccer	FUNDamental Soccer	FUNDamental Soccer
<b>AGE 7-8</b>	FUNDamental Soccer	FUNDamental Soccer	Development Program/ Academy Soccer
<b>AGE 8-12</b>	SCAP Recreational Soccer	Development Program/ Academy Soccer	Academy Soccer
<b>AGE 12-18</b>	SCAP Recreational Soccer	Select Soccer	Select Soccer

\*Players may move from one program track to the next during their time playing with Mount Pleasant Soccer Club.

Academy Evaluations

Players interested in joining an Academy team for the 2009/2010 seasons need to attend the Academy evaluations held in May.

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<p><b>U9 &amp; U10 Boys Evaluations</b>                  Tuesday 5/5 6:30-8pm                  Monday 5/11 5-6:30pm                  Wednesday 5/13 6:30-8pm</p>	<p><b>U9 &amp; U10 Girls Evaluations</b>                  Tuesday 5/5 5-6:30pm                  Monday 5/11 6:30-8pm                  Wednesday 5/13 5-6:30pm</p>	<p><b>U11 &amp; U12 Boys Evaluations</b>                  Wednesday 5/6 6:30-8pm                  Tuesday 5/12 6:30-8pm                  Thursday 5/14 5-6:30pm</p>	<p><b>U11 &amp; U12 Girls Evaluations</b>                  Wednesday 5/6 5-6:30pm                  Tuesday 5/12 5-6:30pm                  Thursday 5/14 6:30-8pm</p>
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- All tryouts/ evaluations will be held at CW-Flowers Soccer Complex at Patriots Point.
- There is a \$25 tryout/ evaluation fee. Players will be given a tee shirt to wear during tryout/ evaluation.
- Players need to register for evaluations online.

Players who move into Mount Pleasant during the season are eligible to be evaluated for placement by contacting the Academy Director of Coaching.

## Academy Structure for Fall 2009/ Spring 2010

### U9 Academy Structure

**Organization:**

Teams will have a professional coach and a proven player development curriculum with oversight from the Academy Director of Coaching. At the May evaluations, players will be selected for the u9 program. However, players will not be placed on teams until further evaluation.

**Game Format:**

Teams will play 6v6 in the LSYSA league; participate in home Academy festivals, and local tournaments. Academy festivals are games between clubs; for instance Carolina Elite Soccer Academy from Greenville, SC will have an Academy festival with MPSC each season. When the festivals are held locally then our u9 teams will participate. There is very limited travel for our U9 program.

**Training:**

Players will practice twice a week with their professional coach. Players have the option to participate in the elite technical training session once a week (additional fee) plus attend the optional Friday session (no additional cost) for a total of two team sessions and two optional sessions.

### U10 Academy Structure

**Organization:**

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Teams will have a professional coach and a proven player development curriculum with oversight from the Academy Director of Coaching. At the May evaluations, players will be selected for the u10 program. We will use an A, B, C format when forming teams.

#### Game Format:

Teams will play 6v6 or 8v8 in the LSYSA league; participate in home Academy Festivals, local tournaments and 1-2 out of town events a season. Academy festivals are games between clubs; for instance Carolina Elite Soccer Academy from Greenville, SC will have an Academy festival with MPSC each season. When the festivals are held locally then our u10 teams will participate. There is limited travel for our U10 program.

#### Training:

Players will practice twice a week with their professional coach. Players have the option to participate in the elite technical training session once a week (additional fee) plus attend the optional Friday session (no additional cost) and/or the optional Passport program (no additional cost for those selected) for a total of two team sessions and three optional sessions.

## U11 Academy Structure

#### Organization:

Teams will have a professional coach and a proven player development curriculum with oversight from the Academy Director of Coaching. At the May evaluations, players will be selected for the u11 program. We will use an A, B, C format when forming teams.

#### Game Format:

Teams will play 8v8. Teams will participate in Academy Festivals both home and away with other clubs, tournaments and local games vs. LSYSA teams. There is moderate travel for our U11 program.

#### Training:

Players will practice three times a week with their professional coach. Players have the option to attend the optional Friday session (no additional cost) and/or the optional Passport program (no additional cost for those selected) for a total of three team sessions and two optional sessions.

## U12 Academy Structure

#### Organization:

Teams will have a professional coach and a proven player development curriculum with oversight from the Academy Director of Coaching. At the May evaluations, players will be selected for the u12 program. We will use an A, B, C format when forming teams.

#### Game Format:

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Teams will play 8v8 or 11v11. Our A team will play 11v11 in the SCYSA State League, our B and C team will play 8v8. In addition to the SCYSA State League games, they will play tournaments. The B and C team will play 8v8 and will participate in Academy Festivals both home and away with other clubs, tournaments and local games vs. LSYSYSA teams. There is moderate travel for our U12 program.

#### Training:

Players will practice three times a week with their professional coach. Players have the option to attend the optional Friday session (no additional cost) and/or the optional Passport program (no additional cost for those selected) for a total of three team sessions and two optional sessions.

## Academy Coaching

The needs of our players are met by an outstanding professional youth coaching staff and a dynamic player development curriculum. We have individuals with experience coaching in youth clubs, high school and college teams. We also have individuals who played at every level of the game and who bring their experience and passion for the game to our players.

## Academy Staff Coaches

### **2009-2010 COACHING STAFF**

Matt Parmer	David Jordan
Kian Brownlee	Lee Powell
TJ Rostin	Dusty Hudock
Amy Switzer	Jarrod McCord
Brad Waite	Sandy Burris
Robbi Arnold	Tyler Allen
Doug Majewski	Sydney Strong
Nick Shaw	Andy Grist

Complete staff for 2009-2010 will be listed online at [www.mpsoccer.com](http://www.mpsoccer.com).

## Support Staff

### *MPRD Soccer Coordinator: Mark Hladek*

Mark Hladek is entering his first year as the Soccer Coordinator for Mount Pleasant Recreation Department. He oversees all aspects of the following soccer programs FUNDamental, In-House, and Developmental. Mark's office is at the Jones Center MPRD facility. He can be reached at [mhladek@mountpleasantsoccer.com](mailto:mhladek@mountpleasantsoccer.com) or 843-884-2528.

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### *Goal Keeper Development: Dusty Hudock*

MPRD and the MPSC Booster Club provides free goalkeeper training to all the MPSC soccer participants. Dusty Hudock, of the Charleston Battery oversees the Goal Keeper Development Program.

In addition to the staff listed, MPSC Booster Club also employs a Club Manager, Tournament Director and a Web Master.

## Booster Club

The primary role of the Mt. Pleasant Soccer Booster Club is to raise funds needed to support various programs and staff necessary to the operation and growth of the club. The Booster Club, managed by the elected volunteer board, works in partnership with the Town of Mount Pleasant's Recreation Department to operate a successful soccer program that offers a variety of opportunities for youth soccer players interested in a more extensive level of training and competition. For more information please contact Booster Club President Kevin Carter at [Kevin.Carter@mountpleasantsoccer.com](mailto:Kevin.Carter@mountpleasantsoccer.com)

## Team Managers

Each academy team will have a parent volunteer that serves as a team manager. The team manager works closely with the teams' coach, the Academy DOC and the club Business Manager. The team manager attends monthly meetings during the season. The team manager registers the team for tournaments, books hotel rooms, prepares the team budget and collects team fees.

## Academy Training Goals

**TECHNIQUE:** Ball mastery with all parts of the body. We will work to develop basic technique in:

- Ball Control
- 1v1 Attacking
- Passing
- Receiving and Turning
- Shooting
- Heading

**TACTICAL:** Ability to read the game, think ahead and create solutions. We will work to develop game sense in the following:

- 1v1, 2v2, 3v3 and 4v4 situations
- Principles of attacking and defending
- Runs and role of all positions played in the 6v6, 8v8, 11v11 format.

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**PHYSICAL:** Players must be able to control the ball according to the demands of the game. We will work to develop the following physical traits with and without a ball:

- Coordination
- Balance
- Agility
- Power
- Speed
- Quickness

**PERSONALITY:** Players must display the right attitude in order to perform at their best. We will work to develop the following personality traits:

- A positive attitude and effort to accomplish any given task or problem.
- Confidence to play your best by being prepared.
- Belief in abilities and potential as a person and player.
- Belief in teammates and team.
- Respect for teammates, coaches, referee, opponents, and parents.

## Extra Training

Mount Pleasant Soccer offers numerous additional training opportunities for our Academy players. Information on these training opportunities is listed below.

- U9-U10 Elite Training (third training session): Started in the fall of 2006 to further challenge our players and increase their technical proficiency. The training is optional for U9 & U10 Academy players. The Academy DOC oversees the Elite training sessions.
- U9-U12 Friday Session: Started in the spring of 2009 to give Academy players another chance to participate in training each week. The session is free of charge for all academy players. The session features soccer tennis, Soci, 4v4, 5v5 and 6v6 tournaments. The Academy DOC oversees the Friday sessions.
- Goalkeeper Training: Goalkeeper training is provided free of charge under the direction of Dusty Hudock and Keith Wiggins. Both are professional soccer players for the Charleston Battery. The training schedule can be found online at [www.mpsoccer.com](http://www.mpsoccer.com)
- Passport Program: The MPSC Passport Program is a player identification and development program that pushes the top players from each team by allowing them to train the first session of each week, which should be emphasizing the technical aspect of the game, with the next team up. Each week the team coaches and the Select and Academy Directors of Coaching will identify 0-3 players that would benefit by training with the next level team in their age, or an age up.
- Technical Training Camps: Vary in cost based on the number of days and half day or full day options. Camp sessions are winter camp, spring break camp, and a

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summer camp. MPSC directors, staff, and college coaches staff the camps. Information for the training can be found online at [www.mpsoccer.com](http://www.mpsoccer.com)

- Winter/ Summer Academy: The winter and summer academies are staffed by MPSC directors and staff. The academy sessions run for various time periods and vary in cost reflecting those time periods. Information for the training can be found online at [www.mpsoccer.com](http://www.mpsoccer.com)

## Player Evaluations

Each player in the Academy program will receive a player evaluation form at the conclusion of the fall and spring season. The evaluations will be based on the level at which the player plays not the entire age group. For instance, players on the second U11 team will be evaluated in relationship to the level of opponents they face playing during the season.

Each player evaluation will include rating in the following areas dribbling, passing, receiving, ball striking, heading, speed, agility, strength, coordination, attitude, work ethic and ability to deal with stress.

## Academy Games

### **What is the GAME FORMAT?**

- U10                      6v6                                      Field Size: 60L x 40W  
                                    8v8 U10 A team                      Field Size: 75L x 50W
- U11 & U12    8v8                                      Field Size: 75L x 50W  
                                    11v11 U12 A team                      Field Size: 120L x 75W
- Game Length: 2/30 minute halves, 10 min halftime.

### **When do we play GAMES?**

Saturday is the primary academy game day for league games. Sunday is scheduled occasionally always after 1pm for games. Tournaments and Friendly weekends include games on Saturday and Sunday (before 1pm).

### **Who will be my child's COACH for games and practices?**

Coaches will be assigned to work with a specific team throughout the season to provide consistency. A complete list of our coaching staff and their team assignments will be listed online prior to our May evaluations each year.

### **How many TOURNAMENTS will my child play?**

The Academy DOC will decide tournaments. It will be discussed ahead of time with the parents.

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- U9: 1-2 Fall & Spring
- U10: 2-3 Fall & Spring
- U11: 2-4 Fall & Spring
- U12: 2-4 Fall & Spring

Not all of the players/ teams will necessarily attend the same tournaments. Tournament decisions are made on the number of teams, number of available coaches and the level of each team compared to the level of the tournament.

## Philosophy on....

### **Philosophy on WINNING**

For ages 8-12, we believe that winning is:

- To give you're best!
- To have FUN playing the game!
- To play quality soccer using skill and creativity.
- To perform new individual and team skills.

### **Philosophy on PLAYING POSITIONS**

During the Academy experience, there are so many games played that each player will have the chance to experience each position. In order to maximize individual development as well as team development we will:

- Put players in a position that suits their strengths.
- Put players in position to give the team success.
- Put players in a position in order to teach the role of the position.
- Put players in a position according to the players on the team.

### **Philosophy of PLAYING TIME**

We will work to ensure that all players get to play at least half of each half.

### **Philosophy of EQUAL PLAYING TIME**

The Academy is a Select Development Program thus we believe that players earn "extra" playing time based on ability, effort in training, and performance in games. Therefore players do not automatically receive equal playing time.

## Tournament Guidelines

### *Hotel Behavior:*

- 1) No running in hotel lobby, halls or parking lot.
- 2) Players are to wear shoes or flip-flops at all times when out of their room or car.
- 3) No players are to enter the hotel workout room until the conclusion of their last game and even then an adult must accompany the player.
- 4) No player is to enter the swimming pool or spa (hot tub) until the last game of the day.
- 5) Cleats are not to be worn inside the hotel.

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- 6) No soccer balls out in the hotel lobby, halls or parking lot.
- 7) Players are to greet other guest in the hotel respectfully.

#### *Wake up:*

- 1) Players should be out of bed 2 hours before the scheduled start of their game. For instance 8am game, 6am out of bed moving around, getting breakfast and starting to prepare to play.

## Financial Commitment

- Uniform: Approximately \$175.00
  - Adidas uniform changes every three years. Fall of 2007 was the first season in the three-year cycle. Uniform package includes, home jersey, shorts and socks, away jersey, shorts and socks, two training shorts and two training jerseys. Players coming from the Developmental Program only need to buy white jersey, shorts and socks.
- Coaching Fee:
  - U9 Boys & Girls: \$200.00 per season. \$300.00 for U9 players who choose to attend optional elite technical training weekly skills session.
  - U10 Boys & Girls: \$200.00 per season. \$300.00 for U10 players who choose to attend optional weekly skills session.
  - U11 Boys & Girls: \$300.00 per season
  - U12 Boys & Girls 8v8: \$300.00 per season
  - U12 Boys & Girls Elite 11v11: \$340.00 per season
- Registration fee: \$151.00 estimated per year
- Team fee: Based on number of tournaments and out of town events. Cost varies from team to team. Approximately \$100.00-\$200.00 per season.

## Process for Concerns by Parents

### **DO NOT ADDRESS THE ISSUE BEFORE, DURING OR AFTER A PRACTICE OR GAME.**

- Contact the coach by phone or email.  
If a satisfactory solution is not found then;
- Contact the Academy Director of Coaching, Matt Parmer by phone or email.  
If a satisfactory solution is not found then;
- Contact the Booster Club President, Kevin Carter by phone or email.